

Hello everyone!

Welcome to our new series: Hidden Lewisham.

Our borough has some real treasures including ancient woodlands, streams and rivers. As lockdown measures ease some of us are finding ourselves a bit bored with our local area so we wanted to share some of our favourite hidden spots across the borough with you. We've also made a fun nature treasure hunt for each place so you and your children can look for the treasures of nature.

All of our Hidden Lewisham sites are free to visit and close to transport links and make a great day or few hours out with your family.

We hope that you enjoy visiting them and it would be great if you could share a photo of you and your family enjoying your visit at the hashtag #lcfchiddenlewisham.



Chinbrook Meadows

About the park

The park was originally named Bronze Street Nature Park. Opposite St Paul's Church in Deptford. It is very close to Ferranti Park which has a playground. In the middle of the site is a wall made of pottery fragments and mortar. This is all that remains above ground of the Gibbs and Canning pottery works, demolished in 1967. There had been a pottery on the site since 1682.

What can I see

A mixture of rough grassland, scrub and ruderal vegetation occupy the site. More than 200 species of wild flowers, shrubs and trees have been recorded here including Apple Trees, Michaelmas daisies, Sulphur Cinquefoils and Pink Snowberries. Some trees and shrubs, were planted, but most have made their own way here. There are at least six species of butterflies on the site: Large and small Essex Skippers, Small Tortoiseshell, Common Blue and Meadowbrown. One species of grasshopper and one bush-cricket occur in the park. The easiest way to distinguish them is by the length of their antennae. Grasshoppers have short, stout antennae. Bush crickets are slender and longer than the body.



How do I get there

Buses:

To Deptford Church Street/ Creekside: 47, 199



**SEE OUR NATURE
TREASURE HUNT
OVERLEAF**

(can you see what we did there?)



Chinbrook Meadows Treasure Hunt

How many can you find?

Ladybird



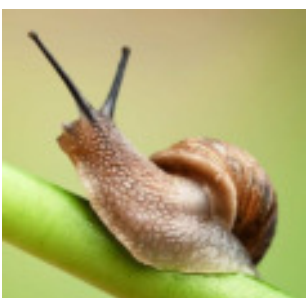
Bumblebee



Wood Louse



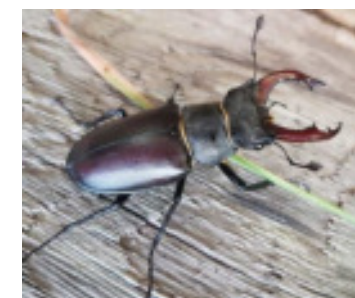
Snail



Grasshopper



Stag Beetle



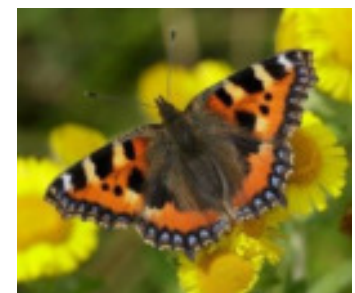
Common Blue



Meadow Brown



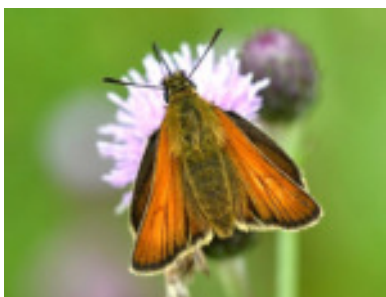
Small Tortoiseshell



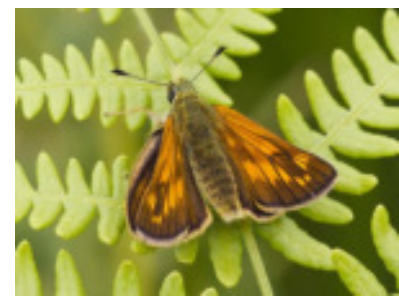
Squirrel



Small Skipper



Large Skipper



How many will you try?

Leaf Rubbing



Collect some leaves and bring them home. Use paper, crayons see their different patterns.

Go on a bug hunt



Lift small stones and logs, to see who's living there. Remember to put them back gently and wash your hands.

Listen to the birds



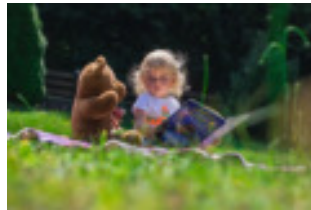
Find a quiet spot and listen to the birds how many are different songs can you hear? Which bird is singing?

Nature smells?



What can you smell in different areas of the park? Smell the trees, flowers and see if they are different.

Teddy bears picnic



It's well known fact that teddy bears love the park. Bring them with you and a snack and a drink and show them what you can see.

Make daisy Chains



Daisy chains are easy and fun to make. Ask your grown-up – I bet they still remember how to make one!

Bring a ball



A ball is a great way to have fun at the park. Bring a big ball for football or a small one for practicing catch or playing cricket.

Make a picture



Bring some paper and pencils and draw a picture of a flower or something that you like. Or make one at home.

Take some photos



Taking photos of your trips are a great way to remember what you've seen that day. Remember to tag us at #lcfchildrentreasures

Other places to look for activities

https://www.youtube.com/watch?v=k-Ax5KWcw0k&feature=emb_title

https://www.youtube.com/watch?time_continue=2&v=Ccc79C8gW8M&feature=emb_title

<https://www.youtube.com/watch?v=0mG1NM-il4g>



Chinbrook Meadows in Lewisham Get Moving

How many can you do?

How many steps
did you do today?

How many hops?

How many skips?

How many jumps?

How many throws?

How many catches?

How many star
jumps?

How many
bunnyhops?

How many
kicks?

Other activities

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

