

"Make It Snappy!" Competition



King's Oral Health Promotion Team want to capture the creativity of local children living in Lewisham, with a competition to promote looking after teeth in our community.

Be as creative as you like!

Children today are still experiencing high levels of tooth decay. Nearly a quarter of all 5 year olds have 3-4 teeth affected, of which the majority are untreated Public Health England (PHE, 2019).

The good news is tooth decay is preventable by:

- Twice daily brushing with a fluoride toothpaste
- Spitting and not rinsing your toothpaste out
- Reducing the amount and frequency we eat and drink sugar
- Visiting the dentist

**PRIZE
£10 book
voucher**

Competition details

The competition is open to the following age categories:

- Early years (under 5's)
- KS1 (5-7 yrs old)
- KS2 (7-11 yrs old)



Entries can include drawings, posters, poems, songs, short stories.

Be as imaginative as you like!

Your entry must just be themed around looking after teeth.

Prize details

There will be a winner drawn from each category. The winner will receive a £10 book voucher as well as a prize for their organisation (£20 worth of science and health themed books).

How to enter

Please submit your creation to ladywell.cc@lewishamcfc.org.uk

To enter, you must include:

- Your first name
- Age group
- Title of your work

Closing date: Friday 6 November (5pm)

Winners will be selected by our Oral Health Promotion team on Tuesday 17 November. You will be contacted by your organisation shortly afterwards.

If you have any further questions, email ladywell.cc@lewishamcfc.org.uk

We hope to display all entries (not just the winners), so be prepared to see your work.

Unfortunately, we are not able to accept late entries.

By entering the competition, you agree that your entry will become the property of King's Oral Health Promotion Team and may feature in future publications.

