



Eco-friendly play activities to enjoy this summer

Every June, the **Wildlife Trusts** runs the [30 Days Wild campaign](#) encouraging everyone to value the natural world and introduce more nature into our lives. The campaign has proven to be very successful so far with over 40,000 people taking part each year.

Are you ready to take on a Wild Challenge? You can help wildlife, explore nature and enjoy lots of wild, fun family activities with the **RSPB** [Wild Challenge](#). Build a hedgehog café, measure the weather, capture sounds, make a compost heap or a mini-pool, do some upcycling or have a wild sleepout – there are many different activities for you to try.

In November 2020, the BBC's **Countryfile programme** launched [Plant Britain](#), and asked for people to get involved to help combat climate change and benefit wildlife for future generations: this is still live and you can record your planting on an interactive map.

Get involved in the annual [Great British Beach Clean](#) organised by the **Marine Conservation Society**, which takes place on 17 – 26 September this year. If you're not near the sea, you can still get involved by taking part in their new inland [Source to Sea Litter Quest](#), picking and recording the litter you find in parks or on streets near you.

The **Woodland Trust** has lots of [ideas on nature conservation](#), with simple activities you can do at home or in your early years setting, such as how to attract birds and butterflies into your garden, or making a bug hotel to encourage minibeasts.

Butterfly Conservation also has lots of [free downloadable art activities and information sheets](#) about the importance of butterflies and how to encourage them into your garden.





You can enrol your children in the **Persil** [Dirt is Good Project](#) which empowers young people with challenges, tools and ideas to take action for a better world.

The **National Trust** has lots of [ideas for family fun ways to engage with wildlife](#), including downloadable ‘Spotters guides’ to use when you are out on walks.

On the **Let’s Go with Children** website, you can enter your postcode and [find activities to do near you](#) – not all the activities are free, but some are.

Why not collect pebbles next time you are taking a walk, and try a pebble meditation? **Lewisham Children and Family Centres** have a great [video](#) you can watch and follow along.