

Community Outreach Team

Early Years Alliance Lewisham Children and Family Centres Community Outreach Team promote and deliver services in community spaces to meet families' needs.



"[The Team] took time to engage with my son and myself, always had an upbeat demeanour which uplifted the entire experience and were approachable and knowledgeable". **Parent at Outdoor Explorers Session**

What We Do

Lewisham Children and Family Centres Community Outreach Team promote and deliver services in community spaces to meet families' needs; the team works with partnership agencies such as schools, nurseries, community centres, libraries, health visiting teams to bring services to families so that they can be easily accessed.

Events

We regularly attend events such as summer festivals, school fetes and parent's evenings, during these events we will either supply an information stand and talk with families about services or provide a children's activity as an introduction into our offer.



Invite us in

We can arrange for an outreach worker to come along to a professionals' team or network meeting to talk about the Children and Family Centre offer and explain how our service works; as well as how you can refer into our targeted support programmes.

Perhaps you have a group of families you would like us to meet and promote services to during a coffee morning or deliver a workshop or activity to.

The team have been working with partners such as the Family Information Service (FIS) to deliver online 'coffee morning' style workshops to families on topical issues such as choosing childcare or accessing key benefits.



We use parks and open spaces to provide Outdoor Learning sessions, healthy walks and pop up and plays which promote wellbeing and share the benefits of being outdoors.

We can deliver workshops to your parents.

Our Outreach offer can be delivered at short notice if needed. We can work with you to create a bespoke offer tailored to the needs of your families. This can be provided face-to-face or online.

Our current offer includes:

- Information and signposting Vitamin D/Healthy Start stall
- Top Tips on Toileting workshop aimed at children aged 2-5yrs
- Little Creative Chef workshops - 3 sessions covering ideas on packed lunches, snacks and portion sizes
- Story Sack Workshops - 3 sessions promoting family learning, language and literacy
- IAIM Positive Nurture Touch - 5 week Infant massage course
- Outdoor Explorers - 5 sessions on Outdoor Learning guided by the principle of Five to Thrive; Talk, Play, Relax, Cuddle and Respond
- Evidence based parenting programme Triple P

Our Outreach Team includes a Parenting Practitioner and Family Outreach Worker who are both trained to deliver a suite of Triple P (The Positive Parenting Programme) sessions. These sessions are currently delivered to schools in Lewisham on rotation.

This universal parenting offer includes:

- Triple P group level 4 (7–8 week evidence based parenting programme)
- Triple P discussion groups 4 x themed 2 hour managing behaviour workshops
- Triple P tween (Aimed at Year 6 parents to prepare them for the teenage transitions)
- Feel Positive about Parenting surgeries (Using evidence based Triple P tip sheets)



Get in touch, stay in touch

Find out more about our Children and Family Centre offer by visiting our [website](#) or following us on social media. You can [contact us](#) through our website or email the outreach team directly to organise an outreach worker to visit you by emailing Kathleen.Henry@eyalliance.org.uk or Loscinia.Smarth@eyalliance.org.uk

“The team who ran the session are amazing. They have such outgoing, friendly and fun personalities and made each session a great experience.”



“I am so pleased with this session and hope to see them in future offerings”.



Lewisham Children and Family Centres are run by local organisations and schools. To get in touch please see contact details below:

Marvells Lane Children and Family Centre
Riddons Rd, SE12 9RA. 020 8851 2129

Kelvin Grove Children and Family Centre
Kelvin Grove, SE26 6BB. 020 8613 0172

Eliot Bank Children and Family Centre
Thorpewood Ave, SE26 4BY. 020 8325 4600

Dowderry Children and Family Centre
Shroffold Rd, BR1 5PD. 020 8695 5915

Evelyn, Ladywell and Bellingham Children and Family Centres
are run by national organisation Early Years Alliance.

Visit www.lewishamcfc.org.uk for information about our full offer, you can also [contact us](#) through our website enquiry form or text or leave a message on 07377 724243.



www.lewishamcfc.org.uk

