

**1 in 5 older people  
are abused in the  
UK every year.**



**Hourglass is the only charity in  
the UK dedicated to calling time  
on the harm and abuse of older  
people and we are here to help.**

## HOW TO GET IN TOUCH



Call our 24/7 helpline  
**0808 808 8141**



Text message our helpline  
**07860 052906**



Email us

**helpline@wearehourglass.org**



Talk to us live on our **INSTANT MESSENGER** at  
**www.wearehourglass.org**



Get information from our **CHATBOT** at  
**www.wearehourglass.org**



Get information from our **KNOWLEDGE BANK**  
**knowledgebank.wearehourglass.org**

Our Helpline is entirely confidential and free to call from a landline or mobile. The number will not appear on your phone bill. Our lines are open 24/7 – including weekends and bank holidays. Texts from outside the UK will be charged at their standard international rate which will differ depending on location and service charges of your phone provider. The number will appear on your bill and in your phone records but will not be identified as Hourglass

Hourglass is the working name of Hourglass (Safer Ageing), a charity registered in England and Wales (reg. no: 1140543), and also in Scotland (reg. no: SC046278). Hourglass (Safer Ageing) is registered as a company in England and Wales under number 07290092.





# Hourglass

Safer ageing · Stopping abuse

## CONCERNED about an older person?

1 in 5 people don't  
know what to do if they  
suspect an older  
person is being abused.

SAFER  
AGEING

If you're concerned about the abuse of an older person, Hourglass is here to help.

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E: [helpline@wearehourglass.org](mailto:helpline@wearehourglass.org)

W: [www.wearehourglass.org](http://www.wearehourglass.org)

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