

# VOICE Programme

## Victims of Coercive Intimate Experience

**A 10-week psycho-educational programme for victims and survivors of domestic abuse, coercive control and behaviours that create the dynamic of intimate partner relationship abuse.**

### The programme aims to:

- Address the various behaviours of a controlling partner, both before separation and post-separation
- Highlight how digital technology can be used as a tool to perpetrate domestic abuse and coercive control
- Offer psychoeducation on trauma, and the significant impact of such traumatic experiences
- Equip victims and survivors with self-regulation and self-care tools

Using a variety of different learning styles and media, this programme can be delivered in person, online or in a 1:1 or group capacity.



### How can I access this programme?

You can make a referral yourself to the programme or a professional can make a referral.

To discuss the programme or a family you wish to refer, please contact [Lewisham.Secure@eyalliance.org.uk](mailto:Lewisham.Secure@eyalliance.org.uk) or visit [www.lewishamcfc.org.uk/professionals-referral-form/](http://www.lewishamcfc.org.uk/professionals-referral-form/)

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