

Explorers Plus

This group is for parents and carers, with a child aged 0-5, who would like support with their child's development.

Jointly run with the Portage Team.

Tuesdays

10.00am - 11.30am

Bellingham Children & Family Centre

109 Randlesdown Road, SE6 3HB

Are you concerned your child is not meeting their milestones?

- **Learn strategies to help develop your child's skills**
- **Come and talk to experienced practitioners to get advice and support**
- **Meet other parents & carers and share information**
- **Explore sensory and discovery play**
- **Help your child learn through play using indoor & outdoor environments**



To book your place go to

www.lewishamcfc.org.uk/booking-form

or call **Bellingham Children and Family Centre**
on **07513 727793**



www.lewishamcfc.org.uk



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